

# **TANG SOO DO NORTHERN CHAMPIONSHIPS**

## **Rules and Expectations for Officials, Competitors and Spectators**

### **General**

Everyone attending the event must observe the health, safety, and welfare measures in operation, and in accordance with the event risk assessment. All officials, and participants must wear a traditional white Do Bok, and refrain from wearing jewellery. Officials and competitors will conduct themselves in a respectful and courteous manner. Spectators are encouraged to support competitors, but to do so in a sensible and measured way. All participants and spectators must respect the decisions of referees and judges. Any issues, or complaints should be reported to the event organisers.

### **Hyung Events Organisation**

1. Hyung contests will require three Judges (including a Head Judge) from separate clubs/associations.
2. Wherever possible, each ring will use a Banjang to organise the Hyung contest, to call competitors and announce those next "on deck."
3. Referees and Judges will sit in an upright position at all times when officiating Hyung contests and focus attention on their allocated ring.
4. During Hyung contests, officials will present their scorecards when prompted by the Head Judge.
5. The Head Judge is responsible for reviewing score sheets before winners are announced.
6. Officials must obtain permission from the Head Judge prior to be relieved of their duties.
7. The Head Judge will call up a maximum of two competitors at a time to perform Hyung.
8. The Banjang, or Head Judge will ask each competitor to adopt Choon Bee position, and announce the name of their Hyung, prior to commencing with Shi Jok.
9. The Banjang will return competitors back to Choon Bee position (Ba Ro, then Shio) when they have both completed their Hyung.
10. The Banjang will ask each Hyung competitor to turn to the rear, the Head Judge will then call each Judge to present their respective scorecards, firstly to the audience and then to the scorekeeper.
11. Score keepers will record the scores awarded by each judge, for each candidate.
12. When all of the participants have finished performing their Hyungs the score keepers will add the three scores awarded by each judge for each participant.
13. In the event of a tie score, the Head Judge will ask each of the tied competitors to perform another Hyung (this may be the same as they originally performed).
14. At the end of the contest, the Head Judge will review the scores and call out the names of the winners, starting with 3rd Place. Judges will then award medals and dismiss the group.

## Hyung Scoring and Expectations

- Competitors must perform Hyung that are appropriate for their grade (see guide list below), and in accordance with their respective Club syllabus. Inappropriate Hyung will be scored down
- Competitors must perform traditional Tang Soo Do hyungs and any self-created patterns will not be accepted
- There will be two separate Hyung events; one for the older traditional Tang Soo Do patterns, and one for newer patterns (Chil Sung, Yuk Ro, Sip Dan, Hwa Sun etc.)
- The traditional Hyung event is open to all participants, but a minimum rank of 4<sup>th</sup> Gup is required to enter the newer pattern events
- Points are awarded for; correct pattern, sequence, speed, power, tension and relaxation, Ki-hap and breathing, and spirit/attitude
- Gup grades will be scored from six to ten points, with decimal point increments
- Dan grades will be scored from seven to ten points, with decimal point increments
- Hyungs containing errors will be scored-down appropriately
- Competitors that restart their Hyung following a mistake will be scored six, or seven (Gup/Dan grade)
- Competitors who are unable to complete their Hyung will receive a zero score

## Suggested Hyungs by Grade

10 <sup>th</sup> Gup to 7 <sup>th</sup> Gup	Ki Cho Hyung Il Bu, E Bu and Sam Bu, Pyung Ahn Cho Dan
6 <sup>th</sup> Gup to 4 <sup>th</sup> Gup	All above Hyung plus Pyung Ahn Edan, Sam Dan, and Sa Dan, Chil Sung Il Ro and E Ro
3 <sup>rd</sup> Gup to 1 <sup>st</sup> Gup	All above Hyung plus Pyung Ahn O Dan, Ba Sa Hee Dae, Nai Han Ji Cho Dan, and Du Mun
1 <sup>st</sup> Dan and 2 <sup>nd</sup> Dan	All above Hyung plus Nai Han Ji E Dan, Chil Sung Sam Ro, and Sa Ro, Sip Soo, E Sip Sa Bo, Jin Do, and Joong Jol
3 <sup>rd</sup> Dan	All above Hyung plus Nai Han Ji Sam Dan, Ro Hai, Kong Sang Koon, Kong Sang So, Ba Sa Hee So, Chil Sung O Ro, and Po Wol
4 <sup>th</sup> Dan and above	All above Hyung plus Sei Shan, Wang Shu, Jion, O Sip Sa Bo, Woon Shu, Chil Sung Yuk Ro, and Hwa Sun

## Deh Ryun (Sparring) Events Organisation

1. Deh Ryun contests will require a Centre Referee and two corner Judges from separate clubs/associations.
2. Wherever possible, each ring will use a Banjang to organise announce the next fighters and those “on deck.”
3. The Centre Referee will ask competitor to bow to the top table, then to each other.
4. The Centre Referee will ensure that each competitor is wearing the appropriate protective equipment prior to each match.
5. The Centre Referee will direct competitors to assume Jae Deh Ryun Choon Bee (fighting stance) and shout Shi Jok to commence fighting once, the time controller and corner Judges confirm that they are ready.
6. Each Judge will shout “point” if they observe a scoring technique, or one requiring a warning. The Centre Referee will stop the fight on each occasion and return competitors to the centre, before announcing “Judges score.”
7. The Centre Referee and each Judges will simultaneously indicate their score in favour, or against a competitor in the following manner:
  - One point scored - raise arm and extend index finger in direction of scoring player
  - Two points scored = raise arm and extend two fingers in direction of scoring player
  - One warning point = lower arm and extend index finger in direction of offending player
  - Two warning points = lower arm and extend two fingers in direction of offending player
8. If a Judge did not see a point scored, they will cross and lower both arms together with the fists clenched.
9. After a third warning, or in the event of excessive contact, or disrespect, the chief referee may choose to disqualify a competitor. The Centre Referee will announce this together with the reasons and lower his arm with all fingers extended toward the offending player. **All referees and judges must exercise their authority and enforce the rules.**
10. After each match, the Centre Referee will return both competitors to the centre of the ring. The Centre Referee will then ask them to bow to each other, then to the top table, and then announce the winner together with raising the left or right arm.
11. The Centre Referee will ensure that winners of each match confirm their identity to the timekeeper/scorekeeper. Both competitors are then dismissed.
12. Each scheduled fight will comprise two minutes. In the event of a tie score, competitors will compete for a further minute. If scores are still tied after extra time, the match will be decided by the next point scored.
13. At the end of the contest, the Centre Referee will review the positions call out the names of the winners, starting with 3rd Place. Judges will then award medals and dismiss the group.

## **Deh Ryun (Sparring) Scoring and Expectations**

Acceptable target areas:

- the face area and side of the head
- the chest, and torso area above the belt
- sides of the body from the armpit to the belt

Illegal target areas are:

- any part of the body below the belt
- shoulders, and parts of the back, including the spinal column and kidney areas
- the throat and neck
- back of the head

Qualifying (legal) techniques

- any mid-or high section standing kick
- jump and thrust kicks
- front arm punch (jab)
- reverse punch
- back fist (side of head)

Unacceptable/illegal techniques

- kicks to the groin, or legs
- cartwheel kicks
- all open hand techniques (knife hand, palm heel, plier hand, and ridge hand)
- hammer fist, or downward back fist
- turning/spinning back fist, and/or hook punch
- grabbing
- throwing
- leg sweeping

## **Scoring System**

- kick to the head = two-points
- kick to mid-section = one point
- hand technique to head = one point
- hand technique to mid-section = one point
- matches will cease once ten points are achieved

## Distancing and Control

- All techniques must be controlled and delivered with correct distancing. Good control is deemed to be any legal technique delivered between skin/uniform touch and 10 centimetres from the target area. **Excessive contact is deemed to be anything beyond touch contact and will be subject to warning and/or disqualification**
- Points will be only be awarded for legal techniques that are executed with good control, and balance
- **Any intentional contact, and/or reckless conduct will result in immediate disqualification.** This includes; any uncontrolled technique that draws blood, or injury to an opponent, or unsportsmanlike/disrespectful behaviour

## Personal Protective Equipment

- All competitors must wear dipped foam, or PU style head, hand and full-foot protection, with mouth-guard. Mixed Martial Art, or boxing style pads are not permitted
- Wearing Groin-guards is mandatory for male competitors
- Wearing groin guards and chest protectors is recommended for female competitors, but not mandatory

Tang Soo Do Northern Championships



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